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Janes Consol

Specifically, in addition to the cylindrical slots 50 and 51, the ankle block 16 of FIGURE 17 also has an opening 55 that is substantially oblong when viewed from the side and that extends across the transverse dimension of the ankle block 16. Similar to the embodiments described above, the opening 55 can be filled with other materials for adjusting the stiffness of the block. Openings can be enclosed, if desired, defining closed chambers filled with a compressible fluid such as air.

## In the Claims:

Please cancel Claims 11-12 and 15-61 without prejudice.

## Please add the following new claims:

B2

2. A prosthetic foot comprising:

a foot plate element;

at least one ankle plate element disposed above the foot plate element; and

at least one ankle block positioned between the ankle plate element and the foot plate element, the ankle block including at least one opening extending at least partially through the ankle block.

- 63. The prosthetic foot of Claim 62, wherein the ankle block is made of a compressible material.
  - 64. The prosthetic foot of Claim 62, wherein the ankle block is made of foam.
  - 65. The prosthetic foot of Claim 62, wherein the ankle block is made of urethane.
  - 66. The prosthetic foot of Claim 62, wherein the opening is cylindrical.
- 67. The prosthetic foot of Claim 62, wherein the opening extends entirely through the ankle block.
- 68. The prosthetic foot of Claim 67, wherein the opening has a substantially transverse orientation relative to a forward walking motion.
- 69. The prosthetic foot of Claim 67, wherein the opening is adapted to receive a stiffener therein.
- 70. The prosthetic foot of Claim 69, further comprising a stiffener positioned inside the opening.
- 71. The prosthetic foot of Claim 70, wherein the stiffener is removable from the opening.
  - 72. The prosthetic foot of Claim 70, wherein the stiffener is made of foam.

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- 73. The prosthetic foot of Claim 62, wherein the foot plate element has a curvilinear shape.
- 74. The prosthetic foot of Claim 62, wherein the foot plate element has a length between about 5 and 15 inches.
- 75. The prosthetic foot of Claim 62, wherein the foot plate element comprises a single foot plate having a length approximately equal to the length of a human foot.
- 76. The prosthetic foot of Claim 62, wherein the ankle plate element is shorter in length than the foot plate element.
- 77. The prosthetic foot of Claim 62, wherein the ankle plate element transitions into a substantially curved ankle section.
- 78. The prosthetic foot of Claim 62, wherein the ankle block comprises substantially the sole means of support and connection between the foot plate element and the ankle plate element.